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Issue 32

November/December 2012

Our first branch Christmas raffle!

This year at our branch Christmas party we will be holding a Christmas raffle. Tickets will be available from any of our activities and of course, on the day! The prizes so far include an overnight stay and breakfast at the Holiday Inn, a family photo shoot, activities for children (ice skating, Fizzy Kids, roller disco, swimming) a hamper and many more too as we still have donations coming in!! Each ticket will cost 50p (available in books of 5) and we need to sell as many as we can in order to raise crucial funds to keep The Zone running. Can you take some to work, sell them to your friends, at the school gate? - just ring Karen on 07825 280274 and ask for as many books as you think you can sell!



AGM 2012 report

Following on from our very straightforward AGM, we have attached a copy of the report to this issue of the newsletter. You will be delighted to know that the current committee are all happy to continue doing what they do and we have a couple of new people joining us too!

Congratulations...to all of our NAS families who are expecting again in 2013, here's to having lots more little ones at our events next year!

Committee contact details

Branch Officer:

Nikki Smith
118 Fernhill Road, Farnborough,
GU14 9DR. Nikki@nasHandR.org
01252 694934 / 07825 280274
(Please note: I am a parent of 3 boys on the spectrum and I do this in my spare time.)

Treasurer

Gaye McGowan
events@nasHandR.org

Newsletter editor:

Karen Smith 01252 647418
karen.m.smith@tesco.net

Event co-ordinators:

Gaye McGowan and Janette Cutler
events@nasHandR.org

Facebook group

www.facebook.com (search for NAS Hart Rushmoor in "groups" and you'll find us!)

Other committee members:

Colin Smith (at The Zone)
Karen Booth

Zone helpers:

Angie, Carol, Sara, Karin, Denise, Jess, Riannon & other willing volunteers too!

Would you like to join us or volunteer to help at The Zone? Just get in touch!



**** This newsletter is printed in colour thanks to the generosity of the Fleet Lions. ****

November 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		<p>All Zone activities are based at: The Zone! @ Samuel Cody Specialist Sports College, Ballantyne Road, Farnborough, GU14 8SS. We are in the building as far to the right of the school site - with the Military College (look for the NAS arrows.)</p>	1	2	3	4
5	<p>6 Coffee Zone: 9am - 12pm</p>	<p>7 After School Zone: 3 - 6pm</p> 	<p>8 Building Zone: 3 - 6pm</p>	<p>9 DLA/Admin Zone: 10.30am - 12.30 Teen Zone! 6 - 8pm</p> 	<p>10 Cyber Zone: 10.30am - 2.30pm</p>	11
12	<p>13 Coffee Zone: 9am - 12pm</p> 	<p>14 After School Zone: 3 - 6pm</p>	<p>15 Building Zone: 3 - 6pm</p> 	16	17	18
19	<p>20 Coffee Zone: 9am - 12pm</p>	<p>21 After School Zone: 3 - 6pm</p> 	<p>22 Building Zone: 3 - 6pm</p>	<p>23 Teen Zone Out! Rock & pop session</p>	<p>24 Cyber Zone: 10.30am - 2.30pm</p>	25
26	<p>27 Coffee Zone: 9am - 12pm</p> 	<p>28 After School Zone: 3 - 6pm</p>	<p>29 Building Zone: 3 - 6pm</p> 	30	<p>1st December Mum's Christmas night out at The Harvester</p>	2nd December

December 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
3	4 Coffee Zone: 9am - 12pm 	5 After School Zone: 3 - 6pm	6 Building Zone: 3 - 6pm 	7 DLA/Admin Zone: 9.30am - 11.30	8 Cyber Zone: 10.30am - 2.30pm Teen Zone Out! Bracknell Bees!	9
10	11 FestiviTea Coffee Zone: 9am - 12pm	12 After School Zone: 3 - 6pm	13 Building Zone: 3 - 6pm	14	15	16 Christmas party @ Challengers 3.45 - 6pm
17	18 Coffee Zone: (last in 2012!) 9am - 12pm 	19 After School Zone: 3 - 6pm 	20 Building Zone: 3 - 6pm 	21	22 Cyber Zone: 10.30am - 2.30pm	23
24	25 Happy Christmas!	26	27 Farnborough Bowl? 11am??	28	29	30
31	1st January Happy New Year!	2nd January	3rd January Laser-Run? 11am??	4th January	5th January Cyber Zone: 10.30am - 2.30pm	6th January

Our previous activities...



Runways End!

Our weekend and overnight stay at Runways End activity centre on 22nd and 23rd September was an eventful one! There were very happy children, choosing their rooms, bunk beds, sorting out their bedding and being very excited about the activities they knew were coming!

It was lovely to see such happy faces (both children and parents!) whilst taking part in the climbing, abseiling, rifle shooting, archery and caving. Huge thanks to everyone there who stepped in when Nikki ended up in hospital for the weekend instead! Whilst we can't afford to repeat the whole weekend, we are looking into the possibility of having a day of activities there next year.



Parent's donutting session!

On Monday 1st October we had a donutting session for the grown-ups! It was a little wetter than most of us would have liked but it certainly made the donuts whizz down the slope quickly! Luckily we all dried out (or got changed) before we ate our delicious lunch in Aldershot. Thank you to those of you joined us and made it a fab day! We'll have to do something else in the new year....



Halloween Zone

On Wednesday 31st October we had an incredibly busy Halloween party at The Zone! It was good to see so many families there and some in costumes too, but it was a little hectic without parents adequately supervising their children. Huge thanks to Carol & Jess for organising it all - they are great at this and hopefully we'll get to see this talent again soon!



Intech evening

Another great evening was had by all at Intech on Thursday 1st November. It was lovely to see so many familiar faces and some new ones too. Watching families enjoying all the exhibits whilst the centre was so much quieter than usual was brilliant and to see so many children thoroughly enjoying the freedom to explore at their own pace was wonderful!



Half-term Fun Zone

Our final event for half-term was our Fun Zone on Friday 2nd November. It was calmer than usual but this wasn't a bad thing - it gave some new faces a chance to ease themselves into The Zone quietly. A good time was had and we look forward to doing it again in February half-term!

Parental supervision!

We know that our events provide families with much needed opportunities for social interaction but we have to remind parents that they are responsible for properly supervising their children at all of our activities. This means that you actually have to physically see and hear your child often to know what they are up to. We are having more issues at The Zone and the committee are looking into what action we need to take to reduce the number of incidents.



Hampshire
County Council

Huge thanks to Hampshire County Council for Inspiring
You funding towards many of our activities.



News for parents & carers

Facebook, Twitter & Pinterest

The branch Facebook group is constantly growing and is very active.. Please join us, introduce yourself, ask a question or simply read the other posts. Just go to www.facebook.com and search for NAS Hart Rushmoor in the "groups" section.



 Find us on Twitter - just search for NASHandR and you'll find us.

We are now on Pinterest, a new online pinboard where we have pinned all sorts of useful info and links. Why not take a look at www.pinterest.com/nashandr

Branch resource library

The library is always available at The Zone! and books can easily be returned there or at any of our events. Tell us if there are any titles you think we should add to our collection.



Sessions for parents at The Zone! (see calendar for dates/times)

Coffee Zone; Our weekly drop-in coffee sessions, are for you to come along to at any point and have a coffee, chat and take a look at the branch library. You can stay for as long or short as you like.

DLA/Admin Zone; These sessions will now be once a month and aim to help you fill in DLA forms and write letters that you need to send but keep putting off! If you can't make it, then get in touch with Nikki to arrange an alternative session.



Mum's fun!

Christmas night out; on Saturday 1st December we are going to The Harvester, on Fleet Road. A £5 deposit is required ASAP to book your place for the night. We will also be organising a small secret Santa on the night too, so bring along a small wrapped gift for the group collection.



Following on from feedback at the Mum's night out at Mimosa in October, we are looking into a night out bowling with food afterwards in February - if you're interested then watch out for more info in the next newsletter.

For details of how to pay, please see page 8 (towards the bottom of the Branch Rules) we happily accept cash, cheques or paypal.

If you have any ideas or suggestions of places for us to go out to eat, please do get in touch with us via Angie@nasHandR.org

Branch Christmas party!

This year's party will be on Sunday 16th December, 3.45 - 6pm at Disability Challengers in Farnham (in the playcentre only, which is suitable for those up to 12yrs approx). The cost is £5 per child but this includes a goodie bag from Father Christmas at the end of the party. Places must be booked & paid for in advance. Please bring along a plate of food towards party tea and join us for some festive fun! Any questions, just ask!



The Zone!

at Samuel Cody Specialist Sports College, Ballantyne Road, Farnborough, GU14 8SS

At all of our sessions at The Zone we have tea, coffee, juice and biscuits - but you are always welcome to bring your own nut-free snacks. Suggested donation is **£1 per child** at each session.

Donations of juice or biscuits are always welcome too!



Cyber Zone

10.30am - 2.30pm on alternate Saturdays at The Zone. There are games consoles (PS3, Wii's, Xbox360), handheld games (PSP's, DSI's, 3DS's, laptops and android tablets. We also have an area for arts & crafts, Duplo and wooden train track for those who aren't keen on gaming. At each session we organise a group lunch at around 12.15pm; if everyone who attends brings a contribution we end up with a wonderful spread for children and adults to tuck into. We provide ham and cheese sandwiches and the rest is up to you - sausage rolls, savoury eggs, fruit, carrot sticks, crisps... anything that your child might eat. If your child is on a particular diet, please bring a packed lunch that is suitable for them.

After School Zone



Every Wednesday during term-time, join us at After School Zone! from 3 - 6pm. These are drop-in sessions for families to come along to when they want. The suggested donation is £1 per child. The Cyber Zone equipment is there, arts & crafts and more.

Building Zone

Every Thursday during term-time you can join us at Building Zone from 3 - 6pm. You are welcome to drop-in at any time during the session. There's Duplo and Lego and we also have some of the Cyber Zone equipment too. The suggested donation is £1 per child. If models are incredibly precious, you're welcome to keep them for a donation in the tin!



Teen Zone



Teen Zone sessions are especially for those aged 11 years + who want to come along and play 12+ console games and socialise with those who are a similar age. On one Friday each month, 6-8pm. We will have all the Cyber Zone equipment, as well as the pool table, air hockey table, Hexbugs and a tuck shop too! The cost will be £1 per child & money for the tuck shop. Parents will need to stay at these sessions.

Teen Zone Out!

To get our Teen's going places, we are working on a monthly Teen Zone Out event. For November there is a Rock & Pop session in Aldershot on Friday 23rd and on Saturday 8th December we are going to watch the Bracknell Bees play ice hockey. We are working on future activities, so if you have any suggestions please do let us know. For more info contact Gaye on events@nasHandR.org

Please remember our Branch Rules on page 8 - **you** are responsible for your children at all of our activities and you **must** supervise them at all times! **If you don't and there are issues we will have no option but to request that you do not attend.**

If cost or transport is an issue, please get in touch with us and we will try to help.

SOS!SEN 10th Anniversary Conference - EMPOWERING PARENTS

On Saturday 17th November 2012 at the Coin Street Neighbourhood Centre in Waterloo. The conference in the morning brings together parents and leading figures in the world of SEN, so that a number of issues that are important to parents can be considered and discussed in an open forum. Key speakers will be Consultant Child and Adolescent Psychiatrist, Dr Jeremy Turk; Tribunal Judge, Meleri Tudur; John Bercow MP, Speaker of the House of Commons; Debbie Jones, Executive Director, Children and Young People's Service, London Borough of Lambeth, and Margaret Hines, Head of Speech and Language Unit in a mainstream school and former SENCo.

Delegates will have the chance to attend two out of three Focus Groups in the afternoon which will cover the Individual Education Plan and the Annual Review; the professionals and their reports; and a session looking at what help is out there for parents. The Focus Groups will be followed by a very important session led by barrister, Anne Lawrence, looking at the serious implications of the proposed changes in SEN provision as set out in or omitted from the draft legislation. There is a nominal charge of £25 for the day; this is to cover the cost of the buffet lunch and the refreshments throughout the day. Further details are available at www.sossen.org.uk. If you wish to attend, please book places as soon as possible to avoid disappointment.

Friday Fun Club @ Hart Leisure Centre

Sessions are open to all abilities and features a range of sports and fun activities including the bouncy castles. The sessions run from 4.30 - 6pm @ £3 per child. Parents do need to remain on site. If you are a Gateway Card holder give the centre a call on 01252 629 974 so that they can answer any questions you may have.



Caterpillar Crafts Inspiring You session - The Crafty Christmas Elves

On Sunday 2nd December, 10.30am - 2pm at Alice Holt Forest, the Caterpillar Crafts Elves need some help in their workshop to create some magical crafts and gifts, take a ride through the Winter wonderland and follow the festive trail and visit Santa in his grotto, receive a gift and have your photo taken. £10 per child and parents/carers go free but must stay and supervise at all times. For more info, call 07830 256 619 or go to www.caterpillar-crafts.com



PAG Panto!

You should have all received the PAG panto flyer about this year's performance of Beauty and The Beast at Princes Hall on Sunday 9th December at 1pm. The cost is £4 per ticket. Any queries contact Karen on 01252 651167 or at info@pagforspecialplay.co.uk



Henry Tyndale School Christmas Fayre

On Saturday 1st December, 1pm to 3pm it's the Christmas Fayre at Henry Tyndale School, Ship Lane, Farnborough - everybody is welcome! Entry cost 50p adults and children are free.

There will be a prize draw - including £250 cash, toys, chocs, wine, spirits and other prizes too. Father Christmas will be there, refreshments, children's tombola, lucky dip, face painting, glitter tattoos, music & colouring area. There will of course be toys, books and cake stalls and more! As always, any donations of raffle prizes would be really appreciated - everything helps!



Branch rules

The aim of the National Autistic Society Hart & Rushmoor Branch is to support people with autism and their families. As parents and carers of people with autism, we volunteer our time to ensure that this support reaches the local areas of Hart, Rushmoor and a small part of Surrey. To help ensure that everyone gets the most from our branch activities, we would appreciate it if you would read and comply with the following:

What you can expect from your branch volunteers -

- They will adopt the National Autistic Society's core values, policies and procedures and fairly represent the branch.
- They will do all they can to create a safe and welcoming environment for all those attending branch events.
- They will treat all other volunteers and branch members with respect. Any physical, emotional, verbal abuse or rudeness towards other volunteers or branch members will not be tolerated.
- They will maintain confidentiality regarding the NAS, its employees, volunteers, branch members and its work.
- They will be reliable. They will make it clear when and how they will be available and meet these expectations, or provide as much notice as possible if they cannot.
- They will respond to queries within agreed time limits. This includes acknowledging all event bookings.
- They will listen to all branch member concerns and respond appropriately.

In return, we ask that all branch members -

- Treat all volunteers and branch members with respect. Any physical, emotional, verbal abuse or rudeness towards volunteers or other branch members will not be tolerated.
- Treat all branch property (including the venues we use) with respect and do not deliberately damage anything.
- Communicate with the branch volunteers. We ask that you tell us if you have any concerns and respond to our questions or queries within the agreed time limits. This includes ensuring that you pre-book for all events* and tell us how and when you will cover the cost (if there is one).
- Supervise and be responsible for their children at all times. As a result, they must do all they can to ensure that their children also follow this code of conduct.
- Pay in advance for branch events when booking places (for drop-in activities it is fine to pay on the day.) We can accept any of the following:
Cheques; made payable to "NAS Hart & Rushmoor" and posted with a booking form to NAS H&R, 118 Fernhill Road, Farnborough, GU14 9DR.
Cash; at any of our Zone activities or through the door at the address above.
Paypal; whether you have a Paypal account or not, you can use your credit or debit card.
 Simply go to www.paypal.co.uk and make payment to paypal@nasHandR.org
- Seek committee permission before taking photos at our branch events - and if you prefer not to have your photograph taken and used in our newsletter etc. Please let us know.

* When responding to advertised events on Facebook, do not just click "attending" as this does not guarantee you a place. Please send a message with the details required. All bookings will get a response confirming receipt and places.

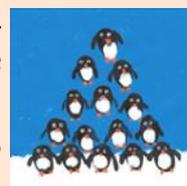
If a branch member fails to comply with the above they may be asked to leave the branch and will no longer be able to attend activities. Equally, if a branch member has concerns over the conduct of a volunteer, these should be raised with the Branch Officer via nikki@nasHandR.org / 01252 694934 or through NAS Head Office via Alessia Mitchell on alessia.mitchell@nas.org.uk or 020 7923 5770.

By being a member of NAS H&R you agree to these rules - please contact us if you have an issue with this

NAS news!

NAS Christmas cards

Whether you're looking for a traditional card or something a bit different, you're sure to find it in this year's wonderful collection from NAS. The price of 10 cards varies from £3.75 - £4.25 or £4.50 for the bumper pack of 15 different designs. P&P is charged at £3.95 for all Christmas card orders. For more details go to www.autism.org.uk/shop/christmas-cards.aspx or call 01948 831 068.



NAS helplines

The **Autism Helpline** - 0808 800 4104
Open Monday to Friday, 10am - 4pm,
e-mail autismhelpline@nas.org.uk
or go to www.autism.org.uk

The NAS **Parent to Parent line**
0808 800 4106 is a free and confidential
telephone support service offered by
volunteer parents of an adult or child
with an ASD.

www.autism.org.uk/autismdirectory
A comprehensive directory of services
and support for those affected by autism.

For advice on **educational** issues for parents
whose children have autism or Asperger
Syndrome, call 0808 800 4102

Other local branches & support

NAS Surrey Branch: www.mugsy.org or call Emma on 07423 435413.

NAS South Hampshire Branch: www.shantsnas.org.uk

NAS Alton Branch: call 07824 372034 (you may need to leave a message) or www.nasalton.com

NAS Basingstoke Branch: call 07435 751193 - the website is currently unavailable.

Contact a Family: Free helpline 0808 808 3555 open 9.30am - 5pm, Monday to Friday.

AFASIC helpline (a speech & language charity): 08453 555577.

Parent Voice: www.parentvoice.info or phone 02380 721206.

Branch fundraising - we need your help!

If anyone is interested in helping with fundraising for the branch, then please contact Karen, our newsletter editor (contact details are on the front page) and she will keep you posted of when we are all getting together at The Zone to do our best to raise enough money to keep The Zone sessions open!



Hampshire's response to the National Autism Strategy

The Hampshire Autism Strategy for Adults 2012 - 2015 was launched on 5th November 2012. It is the first of a 2 part 'across the lifespan' autism strategy. The second part, the Hampshire Autism Strategy for Children, is expected in 2013. For more info, go to www.hants.gov.uk

Centre Act - drama group for those aged 11- 16 years

Centre Act is drama group for children/young people with additional needs that focuses on drama activities incorporating improvisation, role play, mime and script work. The group also works towards stage plays. Sessions are on a Tuesday 6 - 7.15pm and cost £4.50 a session. Contact Yateleys on 01252 877190 or email community@yateleys.com



Gateway Cards

If you still haven't got your Hampshire Gateway Card and wish to be able to attend our Inspiring You funded events, please complete a form at The Zone or go to

www.hants.gov.uk/gatewaycard

To view activities available to Hampshire families, go to

www.hampshiregateway.info



SOS!SEN @ The Games Shop



The SOS!SEN volunteers will be upstairs in the Games Shop in Aldershot on the first Tuesday of every month, 10.15am - 12.15pm (6th Nov, 4th Dec, 15th Jan, 5th Feb, 5th Mar, 7th May, 4th June and 2nd July.) They are there to provide independent advice on special educational needs.

They're also undertaking research into the experiences of parents who have been through the SEND Tribunal system. If you have been to a SEND Tribunal within the last 2 years, or if your case fell through in the 2 weeks before the Tribunal they would like to hear from you. Go to www.sossen.org.uk for more details or call their helpline on 020 8538 3731.

Can your child access local leisure activities?

Kate Gibbons, the coordinator of the Bridging Worker Service run by Parent Voice and her team have been out in the local community working with activity providers and families to improve access to local play and leisure opportunities for disabled children.



They believe that disabled children should have the same access to local activities as their non disabled peers. They would like you to tell them about the main barriers your family and children face when looking for or attending activities via the following survey monkey link:

www.surveymonkey.com/s/Y86H2GS

They will collate all of your comments and work towards making improvements in Hart & Rushmoor.

Centre for Studies on Inclusive Education survey

CSIE has launched a short online survey into parental experiences of choosing a school for disabled children and young people, or those categorised as having special educational needs. Please click on this link to complete the survey and have your say:

www.smart-survey.co.uk/v.asp?i=62786lwgmj For more info about the charity, go to www.csie.org.uk or call 0117 353 3150.



Rotary Christmas Charity Bazaar

On Saturday 1st December 2012, 10.30am-2.30pm at Samuel Cody School, Ballantyne Road, Farnborough, GU14 8SS. Free admission and plenty of free parking, tea and coffee available too. Charity Stalls with low cost items for those last minute gifts, stocking fillers and more! Entertainment from Shuffles dance troupe, the Lydian Singers and the Rock Choir.

Challengers Spring term booking period, 5th January - 28th March

Bookings instructions have been emailed to all the families on their database - if you haven't got your email or letter give the Play and Leisure Team a call 01483 230 930.

Playschemes for 4 - 12yr olds - 1:1 spaces 12th Nov, non 1:1 spaces 14th Nov

Youthscheme for 13 - 18yr old - 1:1 spaces 19th Nov, non 1:1 spaces 21st Nov

Young adults scheme for 18 - 25yr olds - 23rd Nov.

For more info, go to www.disability-challengers.org/howtobook



Useful things to know...

Family Fund grants & Comet!

The latest from the Family Fund on 7th November:

"Following discussions between the Family Fund, Comet and the administrators, we are now pleased to confirm that Comet gift cards supplied by the Family Fund can now be used in store. Families can now go into a Comet store to purchase the grant item outlined on their award letter. Families must spend all the balance on the card by Friday 30th November.

If you have not activated your card, you can do so by calling 0844 826 7200. Families who have placed an order but have not received their item should contact Comet's customer helpline 0844 800 9595. For further questions, please see below. Alternatively, please contact

comet@familyfund.org.uk"

Warranties are held with the manufacturers and are a third party policy so they are still valid no matter what happens to Comet. Families should still purchase warranties where appropriate. Those families who have requested a Comet card in their application but have not yet received their award letter, will be contacted by the Family Fund with regards to an alternative supplier.

Please be patient with them as they process these requests, and avoid contacting the Family Fund with queries regarding Comet stock, warranties or deliveries - use the number supplied above or visit a local Comet store. www.familyfund.org.uk/news/news-and-announcements



Autism Friendly Films

These film sessions, organised by Dimensions, are continuing once every month.

Our nearest cinema is the Odeon in Basingstoke. For more information about the screenings, go to www.dimensions-uk.org/autismfilms and go to www.odeon.co.uk or call 0800 138 3315 to book your places and free carers



Equality Duty guidance

The Equality and Human Rights Commission (EHRC) has published new guidance for schools on the Equality Duty. This new guide illustrates how the Equality Duty can help schools to raise attainment, tackle bullying and improve behaviour. It also features a series of short practical case studies and FAQs to help make it more hassle-free for Schools to meet their Equality Duty. Go to www.equalityhumanrights.com

The EHRC website continues to offer relevant information for schools, such as guidance on the duty to make reasonable adjustments which, as of September 2012, includes the duty on schools to provide auxiliary aids and services for disabled pupils.

I CAN

If you are concerned about the speech or communication skills of a child you know (or perhaps you'd just like some tips to encourage their development!) why not book a call with one of I CAN's friendly Speech and Language Therapists? To schedule a phone call at a time convenient for you, call them on 020 7843 2544. And if email works better, you can also send any questions to enquiries@ican.org.uk Visit the I CAN website at www.ican.org.uk/help

Also for information on children's communication, go to

www.talkingpoint.org.uk to find free activities, factsheets, videos and information about children's speech, language and communication.





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07825 280 274

info@nasHandR.org

We're on the web!

www.nasHandR.org

Make sure you let us know if you move or change your e-mail address.

If you don't, we can't get this newsletter to you!

From our Facebook Group...

Some useful information that has been posted on our Branch Facebook Group:

Guitar lessons

One of our members has been really impressed with the lessons her AS son has been having with Goodhall Guitar School in Farnborough. We have a few vouchers to pass on that entitle you to a free 30 minute guitar lesson to see if it works for your child. For more info, go to www.goodhallguitarschool.com or call 01252 448 317.

Charlotte's Tandems...

This charity lend tandems to (and only to) people with disabilities or special needs for free, who are unable to ride a bike safely on their own, so that they can enjoy the wonders of cycling. They are not for paid hire or available to non disabled people. Borrowers are both children and adults. Tandems are a fun and safe way to get out and about as friends, a couple, family or group. They are available for hire for a couple of a months at a time.

For more info, go to www.charlottetandems.weebly.com or find them on Facebook.

Free Christmas resources from Makaton

The Makaton Charity produce various free resources and this month features free downloadable vocabulary about Christmas, Christmas Carols and Christmas cards! To find out more about the Makaton Charity, to subscribe to their newsletter or simply view the resources go to www.makaton.org or if you're not online, call them on 01276 606760.

This is the newsletter of the Hart & Rushmoor Branch of The National Autistic Society. Views expressed in this newsletter are not necessarily those of The National Autistic Society, and reference to specific services or approaches to autism does not imply endorsement.

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