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## <http://www.justgiving.com/jennikenyon>

Jenni Kenyon, the original treasurer for the branch, is going to do a tandem freefall from around 13,000ft on 27<sup>th</sup> June 2009 and needs all the sponsors she can get to encourage her! Jenni has a very big fear of heights and even climbing a step ladder is a challenge. Why then pick the highest and most frightening challenge? The reason is quite simple, ask yourself what is the most challenging thing that you could do? Then think of how an autistic child, like her son, copes every day of his life facing this sort of task. Our lives are very simple in comparison.



Many thanks to all those of you who have already sponsored Jenni. All funds raised will go directly to our branch so please do take a look!

## Committee contact details

<p><b>Branch Officer:</b> Nikki Smith 26 Fleet Road, Farnborough, GU14 9RA. <a href="mailto:Nikki@nasHandR.org">Nikki@nasHandR.org</a> 01252 694934 / 07764 200446 (Members/www/newsletter/library &amp; if the others are unavailable!)</p> <p><b>Assistant Branch Officer:</b> Mary Baldwin <a href="mailto:Mary.baldwin1@btinternet.com">Mary.baldwin1@btinternet.com</a> (Professionals liaison)</p>	<p><b>Treasurer:</b> Denise Rooney <a href="mailto:d.rooney746@btinternet.com">d.rooney746@btinternet.com</a></p> <p><b>Newsletter editor:</b> Karen Smith 01252 647418 <a href="mailto:Karen.m.smith@tesco.net">Karen.m.smith@tesco.net</a> (Anything for NAtterS, send it here!)</p> <p><b>Mum's support:</b> Kerry &amp; Gaye 07825 280274 <a href="mailto:Kerry.caligari@btinternet.com">Kerry.caligari@btinternet.com</a></p>	<p><b>Education advice:</b> Dawn Wilson <a href="mailto:Dawn.wilson@tavistock.hants.sch.uk">Dawn.wilson@tavistock.hants.sch.uk</a> (e-mail support only)</p> <p><b>Fundraising ideas:</b> If you have any ideas about ways we can raise funds, please e-mail <a href="mailto:info@nasHandR.org">info@nasHandR.org</a> and let us know!</p> <p><b>Would you like to help us fill in this gap?</b> Get in touch with any of us to find out what's involved!</p>
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[www.easyfundraising.org.uk/nasHR](http://www.easyfundraising.org.uk/nasHR)

Please remember that you can raise funds for the branch just buy shopping online via this link - it doesn't cost you any extra!

# Dates for your Diary.....

## July

**Saturday 4<sup>th</sup> 10am - 1:**  
NAS Gaming Zone

**Tuesday 7<sup>th</sup> 5 - 7pm:**  
Special needs fun session  
@ Fizzy Kids.

**Friday 10<sup>th</sup> 8pm:**  
Pub meet-up @ the Ham &  
Blackbird, Farnborough

**Monday 13<sup>th</sup> 10am:**  
Coffee & chat @  
Costa coffee in Fleet

**Saturday 18<sup>th</sup> 10am - 1:**  
NAS Gaming Zone

**Saturday 25<sup>th</sup> 10am:**  
Outing to Thames Valley  
Adventure Playground!

**Tuesday 28<sup>th</sup> 10am - 12:**  
Coffee & play @ Hawley Lane  
Activity Centre, Farnborough

**Thursday 30<sup>th</sup> 11am**  
Meet-up @ the Look Out



## August

**Saturday 1<sup>st</sup> 10am - 1:**  
NAS Gaming Zone

**Tuesday 4<sup>th</sup> 10am - 12:**  
Coffee & play @ Hawley Lane  
Activity Centre, Farnborough

**Tuesday 4<sup>th</sup> 5 - 7pm:**  
Special needs fun session  
@ Fizzy Kids.

**Thursday 6<sup>th</sup> 11am:**  
Meet-up @ Frimley Lodge Park  
(near car park 1 - in the play area)

**Tuesday 11<sup>th</sup> 10am - 12:**  
Coffee & play @ Hawley Lane  
Activity Centre, Farnborough

**Thursday 13<sup>th</sup> 10am:**  
Bowling at Pine Ridge Bowl

**Saturday 15<sup>th</sup> 10am - 1:**  
NAS Gaming Zone

**Tuesday 18<sup>th</sup> 10am - 12:**  
Coffee & play @ Hawley Lane  
Activity Centre, Farnborough

**Thursday 20<sup>th</sup> 10am - 12:**  
Meet-up @  
Wellington Country Park

**Tuesday 25<sup>th</sup> 10am - 12:**  
Coffee & play @ Hawley Lane  
Activity Centre, Farnborough

**Thursday 27<sup>th</sup> 10.30am - 1.30:**  
Special needs fun session  
@ Hart Leisure Centre.

**Saturday 29<sup>th</sup> 10am - 1:**  
NAS Gaming Zone

## September

**Tuesday 1<sup>st</sup> 10am - 12:**  
Coffee & play @ Hawley Lane  
Activity Centre, Farnborough

**Tuesday 1<sup>st</sup> 5 - 7pm:**  
Special needs fun session  
@ Fizzy Kids.

**Saturday 12<sup>th</sup> 10am - 1:**  
NAS Gaming Zone

**Tuesday 15<sup>th</sup> 10am:**  
Coffee & chat @  
Costa coffee in Farnborough

## ALSO:

Make sure you check out the  
extra activities page at the  
back of this newsletter.

We have organised a few  
extra sessions for children  
over 8 yrs; archery, rifle  
shooting, tea in a tank etc.

**Sunday 9<sup>th</sup> 10am:**  
Tea in a tank @ Aldershot  
Military Museum.  
Places must be booked!

**One Saturday or Sunday  
during August:**  
Active fun with archery and  
shooting at Hawley Lane  
Activity Centre.  
Let Nikki know if you are  
interested!

All events and details can be seen at [www.nashandr.org](http://www.nashandr.org) on the Diary Dates page.

# Activities for kids!

Most of our activities are free, but donations are very gratefully received.

If cost is an issue, please do contact us, as we may be able help!

**You are responsible for your child/children at all of our activities.**

## Saturday morning Gaming Zone

Alternate Saturday's, throughout the Summer, 10am - 1, at Mayfield Community Centre, Totland Close, Farnborough, GU14 8TX. For all children & teens with an ASD and their siblings (the games are suited to children 6yrs+) There's games consoles, handheld games and PC's with online access too. A parent/carer must stay during the sessions, but there will be plenty of tea, coffee and biscuits. This is free!



## Fizzy Kids special needs sessions!



The first Tuesday of every month, even throughout the Summer holidays (7<sup>th</sup> July, 4<sup>th</sup> August, 1<sup>st</sup> September etc.) from 5 - 7pm. The sessions are for **all children with any kind of special need** & their siblings. Usual height and age restrictions do not apply! The price is £3.50 per child and food & drinks are

available to buy as well.

## Coffee & play!

On Tuesday's during the Summer Holiday's we will now be at Hawley Lane Activity Centre, (not far from The Grange. Just off Hawley Lane, along the same road as the driving test centre) from 10am - 1pm. As always, there will be toys to play with and tea, coffee, juice and biscuits to enjoy. This is free!

## Thames Valley Adventure Playground

We are all set for our trip to TVAP on Saturday 25<sup>th</sup> July 2009 - places must be booked by **7<sup>th</sup> July!** The entrance price is £6 per child (siblings under 2 are free). This year we will only be arranging transport for those who have no alternative means of getting there. For more details about what is there and plenty of pictures go to [www.tvap.co.uk](http://www.tvap.co.uk)

To book your places, complete the booking form on page 9.

## Tea in a tank!

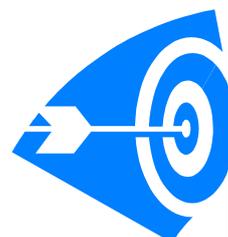
There'll be a chance to try on military uniforms, take a look at original military equipment and weapons with a member of the museum staff. You can also explore the museum galleries and try out a Victorian soldiers bed, solve the puzzle cubes to uncover old buildings and even try out our training tunnel! Bring your picnic lunch to eat within the 'dining area' of one of the museum's Armoured Personnel Carriers. See the booking form on page 10.

Places are limited, so please book your place early on - we will send out confirmation details ASAP.

## Over 8's activity session

We are planning an activity session at Hawley Lane Activity Centre on a Saturday or Sunday during August. There will be access to a climbing wall (helmets will be available & it's not high enough to need harnesses!), archery, rifle shooting and maybe more! We will have instructors to run the archery and shooting sessions so it will be perfectly safe (and we are covered by NAS insurance!)

As this is our first attempt at this, it is only for those with an ASD (not siblings) and a parent/carer must stay to supervise. Places are limited, so let Nikki know if you are interested and she will give you details once they are confirmed. We will confirm places ASAP.



# Events for parents!

## Dads & Lads nights

Calling all Dads & Lads who attended the previous nights & any others who would like to come and join in! We have set the date for the next meeting for Tuesday 14<sup>th</sup> July, 8pm at the Tweseldown pub in Church Crookham (where the previous evenings were held). Paul Stimpson, Nikki's partner, will be there with an NAS balloon on the table so that nobody can miss him!



## Coffee Mornings

We all know how important and enjoyable it can be to chat to other parents/carers. We get together every other month at one of the local Costa Coffee shops (not during August.)

## Parent & Carers Pub Evenings

We hold regular pub evenings (alternate months to the coffee mornings), at various pubs within the Hart & Rushmoor area. See the 'dates for your diary' page for information about when and where.

## What we've been up to:

### Thomas Train Walk, by Gaye

On the night of 6<sup>th</sup> June, both Nikki and I were sitting at our computers at home continuously hitting the refresh button on the BBC weather website wishing and hoping the forecast for the following day would change. The forecast was heavy rain, and we had organised a Thomas Train Walk in Frimley Lodge Park to raise funds for our branch and awareness of autism, we were worried it could be a complete wash-out!

The day arrived and it was raining as predicted, so we resigned ourselves to completing the walk wearing wellies and rain macs and hoping our children would be in the mood for jumping in puddles.

At 12.45pm I met Nikki at Frimley Lodge Park, the rain had stopped and at least gave us some respite and allowed us to put up balloons and sign in walkers in the dry. We met the Park Ranger, Steve, who was very accommodating and volunteered to line the walk with balloons so everyone could follow the trail. Then the staff from Barclays in Aldershot arrived to help us and brought plenty of enthusiasm with them.

A vast number of people arrived, we were overwhelmed by the response we had received and amazed that all these people were willing to join us. The rain held off for the whole afternoon, which enabled all our walkers to complete the course and raise over **£1,250** for the Hart & Rushmoor Branch. Our first fundraising event turned out to be a total success, and was well worth the nail biting in the end. The kids got to ride on the Frimley Miniature Railway and a thoroughly good afternoon was had by all.

Barclays Bank in Aldershot has also agreed to add another £750 to our efforts, taking the total over **£2,000!** We also wanted to applaud Hilary, who managed to bring quite a crowd with her on the day and to Laura for raising over £350 on her JustGiving page!



### South Farnborough Juniors Summer Fayre, by Denise

On Saturday 6<sup>th</sup> June, Nikki and I set up a stall at South Farnborough Junior school at their Summer Fayre. Weather wise, we couldn't have had much worse, in that it was very cold, very wet and very windy! We were approached by a small number of parents for information on autism, though given that the school has a Moderate Learning Difficulties Unit, we would have expected a few more.

The pupils from the school gave more in donations than the adults, who despite extra cajoling from my husband Vincent, were reluctant to part with their cash! After 2 hours, I am afraid that we were so cold and wet, that we packed up early! I have sent a 'Thank You' to the Head Teacher, Mrs. Smith and to the P.T.A for allowing us to pitch up at their event. I also mentioned to Mrs. Smith that it was a reflection of the school's teaching and values, that her pupils kindly gave us what would probably have been some of their pocket money! Perhaps a re-think will be needed regarding a repeat performance from us next year!

**Editors note:** This autism awareness is hard work but we will always keep trying!

## Trip to London Zoo, by Janette

We started at Henry Tyndale School, all 56 of us and a fantastic driver, on a brand new coach. Once we had braved the London traffic and got into the zoo, we all had a very enjoyable day - we even got the weather we ordered!! The staff inside were friendly and helpful and a variety of animals and play areas kept our cheeky monkeys entertained. The scenery was very picturesque (you'd never have guessed we were right in the middle of London). The cafe proved to be a godsend for "grown-ups" needing a coffee and a sit down and if you hadn't spent all your money in the gift shop (or all your time queuing to pay for it!) there was face painting and fairground rides too. We all fell back onto the coach at the end of the day, tired but very happy. Although, we did have to cross our legs due to the lack of the loo we'd ordered on the coach! So next year, someone bring a bucket - please!!

**Editors note:** A huge thank you to the Daytrippers charity who very kindly gave us free tickets for the special needs day at the zoo. We really appreciated them and meant we only had to pay for the huge coach. Next time our coach will have a toilet as ordered because we have found a fantastic company who understand our needs.

### NEWS FROM NAS HEAD OFFICE

The **NAS Autism Helpline** number is 0845 070 4004.

Open Monday to Friday, 10am - 4pm, e-mail [autismhelpline@nas.org.uk](mailto:autismhelpline@nas.org.uk) or go to [www.nas.org.uk](http://www.nas.org.uk)  
For Community Care issues call the Helpline or e-mail your enquiry to [communitycare@nas.org.uk](mailto:communitycare@nas.org.uk)

Alternatively, the NAS run a **Parent to Parent line** on 0800 9 520 520. It's a free and confidential telephone support service offered by volunteer parents of an adult or child with an ASD.

### Autism Bill & Adults Autism Strategy News

On 19 June the Autism Bill had its third reading in the House of Commons and was unanimously voted through to the House of Lords. This means things have moved another step closer to England's first ever piece of autism-specific legislation.

The Autism Bill is now closely linked to the forthcoming [adult autism strategy](#), and during the third reading debate, MPs emphasised the importance of different Government departments working together to deliver the strategy. The Department of Health is leading the work on developing the strategy, and the Department for Work and Pensions was also singled out as particularly important, as the draft strategy includes a chapter on employment.

Under the Autism Bill, the national adult autism strategy, due at the end of this year, will hold local authorities and NHS services legally responsible for providing support for adults with the condition and making sure that adults have clear routes to diagnosis, assessment and support. This means that as many people as possible need to get involved in the consultation on the adult autism strategy to make sure that we have the strongest possible strategy. Visit [www.autism.org.uk/dhstrategy](http://www.autism.org.uk/dhstrategy) for more information.

**NAS Surrey Branch:** [www.mugsy.org](http://www.mugsy.org) or call Sara on 01483 822630.

**NAS Basingstoke Branch:** [www.nasBasingstoke.co.uk](http://www.nasBasingstoke.co.uk) or e-mail [basingstoke@nas.org.uk](mailto:basingstoke@nas.org.uk)

**NAS South Hampshire Branch:** [www.shantsnas.org.uk](http://www.shantsnas.org.uk)

**NAS Alton Branch:** The new branch will officially begin on 15<sup>th</sup> July. For more info contact Bushy Leaze School, call 01420 87675.

**Support for parents of disabled children in Bordon:** Run by parents at Hollywater School, call 01420 474396 or [Stephanie.souidan@hollywater.hants.sch.uk](mailto:Stephanie.souidan@hollywater.hants.sch.uk)

## Branch library

We have a huge selection of books in our branch library, which will be at all of our coffee and play sessions over the Summer. If there's a book you think we should add to the collection, just let Nikki know.



**Hampshire libraries** have some good books on autism too. Follow the link below to the Hampshire website, where you can search all the books in your local library and reserve the ones you want to read.

<https://librarycat.hants.gov.uk/cgi-bin/spydus.exe/MSGTRN/OPAC/BSEARCH>

## Aiming High for Disabled Children

Three events were held during May this year as part of Hampshire County Council's work on the Eligibility Criteria which is used to determine access to social care services. These events were part of a 12-week consultation process being undertaken by the County Council, aimed at developing better services for disabled children and their families. Following on from the parents consultation day, Nikki has joined the Hampshire Parents and Carers Forum and is impressed with the progress so far. For more info go to [www.hantsfish.org.uk/hantsfish/practitioners/aiming\\_high\\_for\\_disabled\\_children.htm](http://www.hantsfish.org.uk/hantsfish/practitioners/aiming_high_for_disabled_children.htm)

## ParentVoice.info

This is a new website providing information and support for the parents and carers of disabled children in Hampshire and Southampton. Parent Voice is a Consortium of eleven Hampshire organisations with funding from Together for Disabled Children. They are hoping it will help parents to engage debate and inform local services for their disabled child. To meet other parents and contact local groups for support go to [www.parentvoice.info](http://www.parentvoice.info) for more information and to join.



## Autism alert cards

Hampshire Autistic Society are still promoting the Autism Alert Card for anyone with an Autistic Spectrum Disorder. For your free card, ring the Outreach Department on 02380 633951 for an application form. You will need to send proof of diagnosis (a diagnosis letter, Statement, letter from a doctor, school, paediatrician or psychologist) or a medical report/assessment.



## Parent Action Group for special play

PAG are a local group who organise several activities for children with disabilities and their siblings. For more info, go to [www.pagforspecialplay.co.uk](http://www.pagforspecialplay.co.uk) or contact Debbie Morgan on 01252 377623.

## Teenscene youth club @ the Youthie, Farnborough

A new youth club for disabled young people aged 11 - 18 years. For more information or to get a registration form, contact [Alison@parityfordisability.org.uk](mailto:Alison@parityfordisability.org.uk) or call 01252 375581.

## Challengers family fun Sundays

These fun Sundays will continue throughout the Summer. You will probably see various committee members there either at the Sunday sessions or dropping their children off at the playschemes.



## Beyond Boundaries Live

**Saturday 4<sup>th</sup> and Sunday 5<sup>th</sup> July, at FIVE, Farnborough**

Beyond Boundaries Live 2009 is set to be the biggest and best yet as it moves to its new home at Farnborough FIVE. The event is packed with exciting features, theatres and entertaining activities, alongside an exhibition where visitors can see, try and buy the latest products and services from a wide range of leading specialists.

We have been given some free **complimentary tickets** - if you would like take advantage of this offer, please get in touch with Nikki. Each flyer has a unique number and must be registered on the Beyond Boundaries Live website before the day. Tickets normally cost £10 on the door and £8 for children. We also have some special offer flyer codes that £5 for adults and £3 for children. A 20p booking fee applies to tickets booked in advance. Go to [www.bblive.co.uk](http://www.bblive.co.uk) for more info.

## Walking reins for older children

One of our members was struggling to get her set of reins on to her 4 year old, so we looked into walking reins for older children. Here's what we discovered, but let us know if you have found another solution.

Clippasafe make the standard baby reins, however if you ring them on 0115 921 1899, they will custom make a harness/reins for a special needs child in any size you need and in a range of colours. They simply need to know the waist/chest size you would like them to fit up to and the length of the shoulder straps (think big, like over a jumper and winter coat as they can always adjust smaller.) Also, if you ask they will also make the walking reins strap and the anchor straps as long as you ask for them to be, so it's best to ring once you have worked out your measurements or with child and tape measure at hand! We've been quoted £11 for standard material and £12 for the easywash ones and only £2.50 for p&p.

Crelling, the company who make safety harnesses for in cars - Houdini harnesses!) also make walking reins in two sizes, up to 8yrs and then 9yrs - adult. They have a PVC chest pad at the front and only come in black car seat belt type material. If you have a real escapologist Crelling can also add an extra strap between the legs to make sure they stay in place. The price is £41.85 + p&p. Go to [www.crelling.com](http://www.crelling.com) or call 01253 852298.

## Joint Information Link

The Joint Information Link (JIL) is a record of children who have mild, moderate, severe or profound disabilities in the county of Hampshire. They must do this to comply with the legislation contained in The Children Act 1989. The information is held on a database by Hampshire Children's Services and can also be accessed by the Health Service. The JIL enables Hampshire to co-ordinate services for children with disabilities, and work together with families to plan and provide better services for the future.

Please help the council keep up to date records by completing the form at <http://www3.hants.gov.uk/childrens-services/specialneeds/disabilities/cs-disability-registers.htm>

Let us know if you cannot get your child's name added to the register!

## Hart & Rushmoor Local Implementation Group

This is a chance for carers of adults with a learning disability to "Have your say". At the Princes Hall, Aldershot, GU11 1NX on Wednesday 8<sup>th</sup> July 2009, 1-3pm and 6-8pm (or drop in between 1pm and 8pm if it's easier.) Go along and find out about services in your area for people with a learning disability and their carers. Have your say on how things are now, and what you want for the future. Hear from Hampshire County Council staff. A light buffet provided. To book your place call Florence Garland on 01962 847249 or email [florence.garland@hants.gov.uk](mailto:florence.garland@hants.gov.uk) (Get in touch with Florence if you want details of the event in Basingstoke.)

## Increase in Family Fund age limits

Recent changes to the age limit means that the Family Fund can now give grants to disabled children aged up to 18 years. To qualify, eligible families must have an income of less than £23,000 per year and savings of £18,000 or less (these are the figures from 2008.)



The fund can help families caring for a disabled child up to 18 providing the application is received before the young person's 18th birthday. For information call 01904 550037 or go to <http://www.familyfund.org.uk/>

## New Savings Scheme

The government has included families with disabled children in their plans for a savings scheme called the 'Saving Gateway'. From 2010 the savings scheme will be open to people of working age on low incomes and in receipt of specified benefits, including Carer's Allowance. For every pound saved the government will give a contribution of 50p. Savers will be able to pay up to £25 a month into their account for two years, which means a potential contribution from the government of £300 after the two year period. For more info go to:

[www.direct.gov.uk/en/MoneyTaxAndBenefits/ManagingMoney/SavingsAndInvestments/DG\\_10010450](http://www.direct.gov.uk/en/MoneyTaxAndBenefits/ManagingMoney/SavingsAndInvestments/DG_10010450)

## New website for young people with mental health problems



YoungMinds have launched a new website 'My head Hurts', a new website for young people with mental health problems. It provides information to young people diagnosed with anxiety, self harm, conduct disorder, depression, ADHD and eating disorders. The idea for the site came from young people themselves and they have been central in its creation and content. <http://www.youngminds.org.uk/my-head-hurts>

## Sure Start Children's Centres

If you have a child under 5 years old, make sure you find out about your local children's centre. Some hold sessions for special needs children and their siblings through the Summer holidays.

## COAST social group

**COAST** (Creating Opportunities for Asperger's Syndrome Teenagers) is a new venture to join teenagers with Asperger syndrome together so that they can have frequent social gatherings and hopefully form some kind of friendship, thus enabling them to put their social skills into practice. Based in the Fleet area and organised by a mum of a son who is 16 and has AS. For more info go to <http://www.coastsocialgroup.me.uk> or call Sharon Wright on 01252 694843.

Views expressed in this newsletter are not necessarily those of The National Autistic Society, and reference to specific services or approaches to autism does not imply endorsement. This is the newsletter of the Hart & Rushmoor Branch of the National Autistic Society. The National Autistic Society is a charity (No.269425) and a company limited by guarantee (No.1205298) registered in England, registered address 393 City Road London EC1V 1NG. All material is copyright Hart & Rushmoor NAS, but can be reproduced as long as you acknowledge the source.

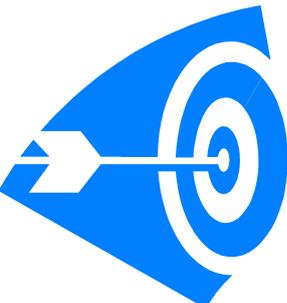
# Hart & Rushmoor Branch

## July/August 2009 activities

Parent/carer's name:	Telephone no.:
Address:	
E-mail address:	
<b>Please ✓ or X the boxes</b>	
	<p style="text-align: center; color: purple;"><b>On Saturday 25<sup>th</sup> July 2009, 10am - 3pm</b></p> <p style="text-align: center;">(places need to be booked &amp; paid for by <b>7<sup>th</sup> July.</b>)</p> <p style="text-align: center; color: purple;"><b>£6 per child (siblings under 2 are free)</b></p> <p><input type="checkbox"/> Yes we'd like to come along.</p> <p>There will be .....children and .....adults.</p> <p>Child/children's names, ages and difficulties:</p> <p><input type="checkbox"/> Would you like to use the sensory room? If yes, how many children?.....</p> <p><input type="checkbox"/> Do you require transport? (If yes, you will be contacted nearer the time.)</p> <p>I enclose payment of: £.....</p>
	<p style="text-align: center; color: purple;"><b>On Thursday 27<sup>th</sup> August 2009, 10.30am - 1.30pm</b></p> <p style="text-align: center; color: purple;"><b>£5 per child</b></p> <p><input type="checkbox"/> Yes we'd like to come along.</p> <p>There will be .....children.</p> <p>Child/children's names, ages and difficulties:</p> <p><input type="checkbox"/> I enclose payment of: £.....</p> <p><input type="checkbox"/> I will bring £..... with me on the day.</p>

Pay by cheque (made payable to **NAS Hart and Rushmoor Branch**) cash, if you put it through the door at the address below, hand it to Nikki at one of our events or send it to:  
**Nikki Smith, 26 Fleet Road, Farnborough, Hampshire, GU14 9RA.**

# Hart & Rushmoor Branch Over 8's activities

Parent/carer's name:		Telephone no.:	
Address:			
E-mail address:			
Please ✓ or X the boxes			
		<p><b>Sunday 9<sup>th</sup> August, 10.30am</b></p> <p><b>Tea in a tank</b></p> <p><b>@ Aldershot Military Museum</b></p> <p>£3 per child. Places are limited and <b>MUST</b> be booked. For over 8's only. There are only 12 places available!</p> <p><input type="checkbox"/> Yes we'd like to come along.</p> <p>Children's ages &amp; diagnosis:</p> <p>I enclose payment of £.....</p>	
			

Pay by cheque (made payable to **NAS Hart and Rushmoor Branch**) cash, if you put it through the door at the address below, hand it to Nikki at one of our events or send it to:  
**Nikki Smith, 26 Fleet Road, Farnborough, Hampshire, GU14 9RA.**